

# AMERICAN CHAMPIONSHIPS

## 2006-07 MEDICAL INFORMATION / LIABILITY RELEASE FORM



- Copy medical waiver and good sportsmanship agreement (required) for every team member
- Parents must sign both and competitors must sign sportsmanship form.
- Collect the signed forms from all participants—coaches sign the back of each and bring them to championship check-in at the competition. **PLEASE DO NOT MAIL OR FAX THE COMPLETED FORMS TO OUR OFFICE.**
- Squad members who do not turn in fully completed forms will not be allowed to compete (no refunds).

Name of Competition		Competition Location		Competition Dates	
Competitor Name		Birth Date	Competitor Grade Level	female male Circle One	
Parent/Guardian Name		Team Name			
Address		In Case Of Emergency, Notify		Relation	
City	State	Zip	Emergency Phone		
Phone	Email Address		Health Insurance Carrier		Policy Number

I hereby waive **2006-07 American Championships** and its duly authorized agents, servants, or staff of all responsibility in the event of any type of injury, health condition, or physical problem that my son/daughter may already have or receive as a participant in any **2006-07 American Championships** event. Please note: injuries can be severe in nature--including but not limited to broken bones, torn ligaments, paralysis and even death.

I certify that my son/daughter has no health or physical defect which will hamper his/her ability to perform in any **2006-07 American Championships** event or which might cause cheerleading and/or dance to be unsafe to his/her health.

My son/daughter is covered by adequate health insurance to cover any cost of any accident and/or injury that might occur to him/her during any **2006-07 American Championships** event. Any costs not covered by insurance will be my personal responsibility.

I give my consent for my child to receive emergency medical care and/or be transported by ambulance or other conveyance to a doctor or hospital for attention and treatment.

### EVENT CLAUSE

Any **2006-07 American Championships** event includes, but is not limited to, all national, state-level & regional competitions.

I have read and I understand all the aforementioned points. I give my son/daughter my permission to participate in the aforementioned competition.

Parent Signature

Date

**Check Out Our Parent's Section At [www.americanchampionships.com](http://www.americanchampionships.com)!**

## GOOD SPORTSMANSHIP AGREEMENT

Victory is most sweet when those you compete against do their very best and your team does its very best and a win is gained under that circumstance. Fans and competitors that practice good sportsmanship, have the ability to look past their own teams, to honestly admire the skill and talent demonstrated by other teams and squad members. True ambassadors of cheer and dance sincerely hope that all competitors perform well. Do you have what it takes to be a great competitor, coach or spectator?

### ***The Role Of Competitors***

For a large percentage of competitors, understanding what classy behavior is and choosing to practice it are definitely two different things. The right choice is often the one that is the most difficult to make or the one that involves the most personal sacrifice. Peer pressure to look cool or to follow the crowd is in many cases stronger than the core values of "do unto others" and simply being polite—this often leads to mean-spirited behavior. If all team members made more of an effort to sincerely wish others "good luck" and cheer for the other competing teams, the positive effect would be contagious.

In order to compete in any championship directed by the **2006-07 American Championships**, you must agree to treat others as you would like to be treated at all-times during the championship. Please sign below, signifying that you will do so.

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Competitor Signature

### ***The Role Of Coach***

Creating good spirited teams and fans has to start with the coach. In a competition setting, it is the job of the coach to prepare his/her teams and fans for whatever the outcome-this makes perfect sense because, as we all know, judging is not a perfect science—it is subjective and based on judge's opinions. By adequately preparing team members to win as well as lose, coaches teach their kids lessons that will serve them well in life. As adults we all know that events in our lives don't often turn out exactly as we expect. When coaches allow their students to disrespect their fellow competitors (by pouting about results, for instance), they are forgetting the big picture. Instead of taking a golden opportunity to show class, many teams and coaches search for any reason for the outcome other than the obvious: the judges thought the other team was better.

In order to compete in any championship directed by the **2006-07 American Championships**, the head coach must agree to do his/her part to prepare his/her teams to be good losers as well as good winners. Please sign below, signifying that you will do so.

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Coach Signature (**coach must sign all forms**)

### ***The Role Of Parents In The Competition Setting***

The lessons taught by practicing good sportsmanship and showing respect for fellow competitors, are so important in today's volatile, highly competitive society. A look at the big picture reveals this: what is truly important about competition is what is learned from it rather than who wins and who loses. Parents play such a big part in the lives of children when it comes to putting the "big picture" in focus.

By signing below, you signify that you will discuss "good sportsmanship" with your child prior to the competition. In addition, should you decide to attend the championship, you agree to lead by example in supporting all the children who have worked so hard perfecting their exciting routines.

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Parent Signature

### ***The Sportsmanship Hall Of Fame***

We designed the following reward system to recognize programs that emphasize and practice good sportsmanship. In order to be effective, recognition has to be given to all groups involved: the coaches, the parents as well as the team members—this is because each element is important to developing and sustaining a classy program.

When a program is selected to receive our highest award, induction into the **2006-07 American Championships** Hall of Fame, here is what happens: 1) during the awards ceremony the coach will come forward to receive the largest trophy we give out, 2) each team member will have their name announced and will come forward to receive an individual sportsmanship award, 3) spectators/parents who support the program will receive a standing ovation from the entire crowd and all participants, 4) and the **2006-07 American Championships** will donate \$500 to charity in the name of the winning team. After the awards, team members and coaches will proceed to the event merchandise booth to 5) get their Official **2006-07 American Championships** Hall Of Fame T-Shirt.

## MEDIA RELEASE

By signing, I hereby release any photos and/or video footage of my son/daughter that may be taken during any **2006-07 American Championships** event. I understand that these photos and/or video will be in good taste. Pictures taken at American Championships events may not be sold for any reason except by Universal Event Photography.

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Parent Signature

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